

The Complete Master Lens

THE PERMANENT MASTER LENS – COMPLETE CONTENTS

CORE OPERATING LAYER

- Kaizen: continuous improvement and iteration
- Backcasting: define future state and work backward
- Balanced Scorecards: align strategy across dimensions
- Critical Thinking: logic, evidence, fallacy detection
- ORID: Objective, Reflective, Interpretive, Decisional
- Systems Thinking: feedback loops, complexity, second-order effects
- Resilience & Stress Management
- Stoic Philosophy: Marcus Aurelius, Epictetus, Seneca

PERSONAL COGNITION & SELF-AWARENESS

- StrengthsFinder: Strategic, Futuristic, Achiever, Connectedness, Learner
- Myers-Briggs INTJ
- Emotional Intelligence: self-awareness, empathy, regulation
- Psychology: cognitive, behavioral, emotional, attachment, trauma, Jungian
- Adlerian Psychology: purpose-driven behavior, belonging, encouragement
- Understanding Bias: confirmation, anchoring, availability, sunk cost, identity bias

STRATEGIC & TACTICAL FRAMEWORKS

- The Art of War (Sun Tzu)
- The Book of Five Rings (Musashi): Earth, Water, Fire, Wind, Void
- Robert Greene Works:
 - 48 Laws of Power
 - 33 Strategies of War
 - Art of Seduction
 - The 50th Law
 - Mastery
 - Laws of Human Nature
- Negotiation (Chris Voss): tactical empathy, mirroring, labeling
- Decision Frameworks: matrices, scenario planning, probability, risk/reward

CREATIVE & INTEGRATIVE THOUGHT

- Da Vinci's 10 Principles:
 - Curiosita
 - Dimostrazione
 - Sensazione
 - Sfumato
 - Arte/Scienza
 - Corporalita
 - Conessione
 - Order
 - Balance
 - Perspective

SPIRITUAL & WISDOM TRADITIONS

- Tao Te Ching: wu wei, yin/yang, humility, simplicity
- Buddhism: impermanence, non-self, compassion, clarity
- Lamrim Traditional: path stages, ethics, bodhicitta, wisdom
- Lamrim Miles Neale 30 Steps
- Sufism / 40 Rules of Love

SYMBOLIC & DIVINATORY SYSTEMS

- I Ching: 64 hexagrams, change, timing

- Runes: archetypal symbols and guidance

MYTHIC & NARRATIVE FRAMEWORKS

- Hero's Journey (17-step and 12-step)
- Heroine's Journey

JAPANESE & ZEN PHILOSOPHIES

- Kintsugi
- Wabi-Sabi
- Ikigai
- Ukeireru
- Shikata ga nai
- Ichigo Ichie

ETHICS & MORAL PHILOSOPHY

- Virtue Ethics
- Deontological Ethics
- Utilitarian Ethics
- Compassion ethics
- Stoic ethics
- Buddhist ethics

EXPERIENTIAL / TRANSPERSONAL LAYER

- Visitor / Experiencer Integration
- Ancestral & Intergenerational Patterns
- Dreamwork
- Symbolic meaning-making

INTEGRATION PRINCIPLES

- Kaizen + ORID + Backcasting = continuous growth
- Critical Thinking + Bias + Psychology = reality testing
- Sun Tzu + Musashi + Greene = strategic spine
- Voss + EQ + Ethics = relational mastery
- Tao + Buddhism + Sufism = wisdom heart
- I Ching + Runes + Dreamwork = symbolic insight
- Hero/Heroine journeys = life meaning arc